

Chili

Nutritional Information	
Serving size (g)	250ml
Calories	210
Total Fat (g)	6
Saturated Fat (g)	2
Trans Fat (g)	0.5
Cholesterol (mg)	25
Sodium (g)	810
Total Carbohydrate (g)	28
Dietary Fibre (g)	9
Sugar (g)	6
Protein (g)	13
Vitamin A	4%
Vitamin C	4%
Calcium	8%
Iron	20%

• Nutrition calculations follow government regulations regarding the rounding off of data.